# FUEL UP 4 Success



Provide your students with the **FUEL** they need to re-start their engines!

#### FUEL UP

### **Supper\* Sack Meals**

- Delivered straight to your meeting location by school cafeteria staff.
- Nutritious weekly menu will include a rotation of freshly prepared hot and cold sandwiches, fruit and veggies.
- Simply let us know when, where, and how many meals you need each day.
- All of this at NO CHARGE!
- \* Yes, we can also deliver breakfast!

#### **DID YOU KNOW?**

Nutrition Services also offers custom dietary consultations or presentations for anyone looking to increase their performance potential through sound nutritional practices.

Contact: Lauren Crain, Registered Dietitian 281-515-1391 or lauren.crain@gccisd.net

## Contact your school cafeteria manager to arrange your FUEL UP delivery schedule!

Goose Creek Memorial
Alex Perez
346-216-3098 or ext. 86080
alejandrinaperez@gccisd.net

Lee High School
Elizabeth Bowlin
346-216-3100 or ext. 80080
severa.bowlin@gccisd.net

Sterling High School
Angie Montemayor
346-216-3097 or ext. 84080
angelica.montemayor@gccisd.net



# FUEL UP 4 Success

Give your students the **FUEL** they need to re-start their engines!

one year enderine and 2 case and need to re-chart area engineer	
SchoolOrganizationOntact PersonOell Phone Number	If your team/organization operates on different schedules depending upon the day of the week, game day, etc. please complete a separate entry below for each delivery schedule.
Service Days (circle): Mo Tu We Th Fr Sa	Service Days (circle): Mo Tu We Th Fr Sa

Start Date:

End Date:

Multiple Dates:

Number of Meals Requested:

Type of Meal Requested (circle): Breakfast Snack Supper

What time will meals be served?

Where would you like meals delivered?

Start Date:

End Date:

Multiple Dates:

Number of Meals Requested:

Type of Meal Requested (circle): Breakfast Snack Supper

What time will meals be served?

Where would you like meals delivered?

Service Days (circle): Mo Tu We Th Fr Sa Start Date:

End Date:

Multiple Dates:

Number of Meals Requested:

Type of Meal Requested (circle): Breakfast Snack Supper

What time will meals be served?

Where would you like meals delivered?

Service Days (circle): Mo Tu We Th Fr Sa

Start Date: End Date:

Multiple Dates:

Number of Meals Requested:

Type of Meal Requested (circle): Breakfast Snack Supper

What time will meals be served?

Where would you like meals delivered?

Service Days (circle): Mo Tu We Th Fr Sa

Start Date: End Date:

Multiple Dates:

Number of Meals Requested:

Type of Meal Requested (circle): Breakfast Snack Supper

What time will meals be served?

Where would you like meals delivered?

Contact your school cafeteria manager to arrange your FUEL UP 4 Success delivery schedule. \*\* For the 2023 - 2024 SY, no Saturday **Breakfasts or Snacks** 

FUEL UP 4 Success is run in accordance with the Texas Department of Agriculture's Child and Adult Care Food Program, an equal opportunity provider and employer.

